

## Student Support Resources

| Community Support                                     | Description   | Contact Information  |
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| AAC: Access and Assessment Centre                     | AAC Provides a range of Mental Health & Substance Use Services for Vancouver residents (ages 17+) for non-urgent, urgent, and non-emergent intervention. They welcome members of LGBT2Q+ communities.   | 604-675-3700<br>803 W 12th Ave (VGH)   |
| BCCH: BC Children's Hospital                          | A local resource offering clinics, support services, and hospital care to children, youth (16 and under) and families.  | See website links for more information on specific programs  |
| CAPE: Child & Adolescent Psychiatric Emergency (BCCH) | Provides short-stay crisis care for children and youth from BC and the Yukon Territories. They are experiencing acute mental health challenges. An interdisciplinary team provides emergency assessments and stabilization, diagnostic tests and procedures, and treatment planning.  | The CAPE unit accepts patients by direct physician-to-physician referral only. If a child is in crisis, please access your closest local emergency department by presenting directly to the hospital or calling 9-1-1. |
| Inpatient Programs (BCCH)                             | Child Psychiatric Unit (P1), Adolescent Psychiatric Unit (P2), and Eating Disorders Inpatient and Day Treatment Programs.   | VCH Referral Required  |
| Outpatient Clinics (BCCH)                             | Attention Deficit and Hyperactivity Disorder (ADHD), Mood and Anxiety, Obsessive-Compulsive Disorder (OCD), Youth Concurrent Disorders.   | GP/Family Doctor Referral  |
| BYRC: Broadway Youth Resource Centre                  | The BYRC is a one-stop youth centre that provides a wide range of social, health, education, employment, and life skills services to youth. It is a multi-service and multi-agency hub with a range of services for youth under one roof.   | 604-709-5720<br><a href="mailto:byrc@pcrs.ca">byrc@pcrs.ca</a>   |
| CART: Child and Adolescent Response Team              | Provides urgent, community-based response to mental health-related crises involving school-aged children and youth (up to 18) living in Vancouver who are experiencing an urgent psychiatric or emotional crisis. Services can range from phone consultation to on-site assessment or consultation, short-term counselling or psychiatric assessment. | 604-874-2300<br>401-1212 West Broadway   |
| CYMH: Child and Youth Mental Health Counsellors       | Teams located across B.C. provide a range of mental health assessment and treatment options for children and youth (0-18 years of age) and their families at no cost. Clinics are staffed by mental health clinicians, psychologists, and psychiatrists.  | <u>Sunrise</u> : 604-675-3876<br><u>Pacific Spirit</u> : 604-261-6366<br><u>Raven Song</u> : 604-709-6400<br><u>West End</u> : 604-331-8904  |
| EPI: Early Psychosis Intervention                     | Individuals who have concerns about themselves or on behalf of someone else can call their EPI program directly. You do not need a referral from a professional. Suspected or confirmed the first episode of psychosis, except where explained, except where explained by another medical condition or drug-induced psychosis.                        | 604-675-3875   |
| FOUNDRY BC  | Foundry offers young people ages 12-24 health and wellness resources, services and support – online and through integrated service centres in communities across BC.  | Contact Foundry Central Office via email at <a href="mailto:info@foundrybc.ca">info@foundrybc.ca</a>   |

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| Odyssey/NEXUS                             | Odyssey and Nexus are programs for youth and their families affected by substance use. We provide a wide range of services: individual, family and/or group counselling, drop-in, social/recreational activities, referrals, drug/alcohol information and education, and crisis intervention.  | Odyssey I: 604-299-6377<br>Odyssey II: 604-879-8853<br>NEXUS: 604-660-5216   |
| PLEA/ONYX                                 | PLEA offers numerous services for children and youth who are at risk across the lower mainland. ONYX is a service for youth ages 13-18, of all genders and all orientations, who are, or are at risk of being sexually exploited.  | 604-871-0450<br><a href="http://www.plea.ca">www.plea.ca</a>   |
| Qmunity                                   | QMUNITY is a non-profit organization based in Vancouver, BC that works to improve queer, trans, and Two-Spirit lives. We provide a safer space for LGBTQ2SAI+ people and their allies to fully self-express while feeling welcome and included. Our building serves as a catalyst for community initiatives and collective strength.   | (604) 684-5307<br><a href="mailto:youth@qmunity.ca">youth@qmunity.ca</a>   |
| SACY/STEP                                 | Provides substance use prevention and early intervention programs for school-aged youth and families to prevent substance use, delay substance use and reduce substance use-related problems.  | <a href="https://www.vsb.bc.ca/Student_Support/Mental%20Health/SACY_Substance_Use_Health_Promotion/Pages/default.aspx">https://www.vsb.bc.ca/Student_Support/Mental%20Health/SACY_Substance_Use_Health_Promotion/Pages/default.aspx</a>  |
| St. Paul's Hospital                       | Emergency Department: for mental health emergencies, 17+<br>Inpatient: Psychiatric Assessment and Stabilization Unit (PASU) for adults 17+<br>Provincial Adult Tertiary Eating Disorders Program (ages 17+)  | 1081 Burrard Street  |
| UNYA: Urban Native Youth Association      | Our Mission: Urban Native Youth Association is the centre of Indigenous youth excellence, supporting youth on their journeys by amplifying and celebrating their voices. Our Vision: Empowered Indigenous youth leading and inspiring all Nations.   | 604-254-7732   |
| Watari                                    | Watari is a multi service counselling and support organization working in Vancouver with a particular focus on the Downtown Eastside. We work with people across the life span and use a resiliency approach, engaging people in their strengths and assets.   | 604-254-6995<br><a href="mailto:info@watari.ca">info@watari.ca</a>   |
| Youth Clinic Counsellors                  | Vancouver youth clinics offer free and confidential sexual health services in a youth-friendly environment to individuals under 25 years old. Clinics are staffed by trained public health nurses, nurse practitioners, physicians and youth counsellors. Youth are welcome to drop-in; no referrals, fees or identification are required. However, we do need youth to use their legal name for documentation purposes. | <b>ALL Vancouver Clinics call:</b><br>778-871-7132<br><br><u>East Van Youth Clinic</u><br>1669 East Broadway<br><br><u>Knight Street</u><br>6405 Knight Street<br><br><u>Boulevard:</u><br>2110 West 43rd Avenue<br><br><u>Broadway Youth Resource Centre:</u><br>2455 Fraser Street |
| Youth Concurrent Disorder Program (FACES) | The concurrent disorders program provides services, information and support to youth who are experiencing a combination of emotional and/or psychiatric problems in addition to problematic substance use.   | <u>East Hastings Street</u><br>2750 East Hastings Street<br><br>604-675-3896   |