



About Me

Being a dad is a big and fun part of my life. I also enjoy travelling and going for walks with a coffee in hand!

I believe in:

- Choosing experiences over things
- Being kind to everyone because we don't know what others might be dealing with
- Practising self-care so that we can all be healthy and able to support each other

Education

BSc in Zoology BEd in Secondary Education Diploma in Guidance Studies

Contact

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Favorites

BOOK: The daily newspaper

HOLIDAY ACTIVTY: Lying on a beach somewhere that's hot

HOBBIES: Running, going to the gym, house and car repairs

SPORT: Tennis, running, golf

FOOD: Wonton noodles with an icy cold Coca Cola